SW-150

ENGLISH

User Manual

smartek

1 Description

- CPU: RTL8762C
- Round screen 240 * 240 pixels
- Bluetooth 4.0 BLE
- Silicone strap
- 200mAh long-lasting battery (6-7 days in normal use and up to 20 days in standby)
- Weight: 50 grams
- Measurements: 42 * 12 * 260mm
- It has a pedometer, blood pressure monitor, saturation meter, customizable dials, sport mode, sleep monitor, weather, etc.

1.1 Charge the battery

To charge the battery of your device, please connect the cable in such a way that the circular metal terminals are in contact (the magnetic system will guide you correctly so as not to confuse the positive and negative poles, it will also give some security by preventing it from coming loose and lose connection while charging)

Then connect the USB to a free USB port on your computer or your wall charger. Charging will start automatically and stop once the battery is full.

2 App: Ador Health

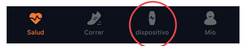
To download the app, please go to your app manager (App Store on iPhone, Google Play on Android, or others) search and install "Adorhealth". If it does not appear, you can search for it in an internet search engine or by scanning the QR code that appears inside the "QR" menu of the watch. You can also scan the QR code corresponding to your Operating System:

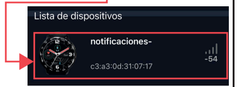
iOS

Android

2.1 Synchronization

After installing the app, activate Bluetooth on your smartphone. Then open the app and click on the "Device" icon and then "Search". If the device is within the range of 10 meters it will be displayed as "H30" or "notifications". Once found, press to start the synchronization.





2.2 Modes

From the main screen you can quickly access all your information collected by the watch. If your information is not up to date, scroll down to force the update.

If you want to know your history, click on any of the options. To see more options scroll the screen up

NOTE: The synchronization process requires having recorded a minimum of information, for example having taken a reasonable number of steps. Similarly with the sleep monitor.

SW-150 uses internal software to calculate various values, so they may differ from professional medical measurement. The values shown by this pulsator are indicative.

The "me" mode represents your personal profile. Here you can find settings for your name, age, gender, weight, etc. You can also synchronize the data collected from the app and the watch with the health monitor of your phone.

Click on "Device" and then select your watch to enter the device configuration mode.

Navigate through this menu to know all the options and functions available to the app in relation to your watch. Here you can configure the wallpaper (predefined or personalized), alarm reminders, add more sport modes, notifications from your apps, etc.

3 Modes on SW-150

From the main screen you can access all the options. The side button will allow you to return to the main screen quickly.

From the main screen, swipe up and down to change the wallpaper interface.

Swipe from left to right to enter quick setting mode

By sliding your finger from right to left you will enter the applications menu. Swipe down to navigate through the menu and tap on the app you want to open.

Within the sport mode, scroll down to navigate between the different modes, then click on the sport you are going to do and it will automatically start collecting the data. To finish, click on the pause icon and then on the circle to stop, or on the triangle to continue. You can add more sports from the app

5. FAQs

1. I can't sync correctly

Please make sure that there is no other device connected via Bluetooth to your phone. If the Bluetooth search engine shows several devices that could be your SW-150, please navigate between the menu screens of your bracelet until you find the one that identifies the MAC of the bracelet. This is the name that should appear on your phone and identifies a unique SW-150 device. In some phones, the synchronization must be done from the Bluetooth settings of the phone itself and not from the app.

2. Doesn't sync data

The SW-150 bracelet has a "margin of error" system to avoid false measurements. Until you have reached a reasonable amount of data, the bracelet does not allow you to send the information to your phone.

3. I think the measurement is not correct

The SW-150 bracelet incorporates a heart rate monitor, pedometer, blood pressure monitor and other meters that work through software that interprets the data recorded at the time of measurement.

Depending on the physiognomy of each person, these measurements may not be completely exact since the SW-150 bracelet is not a meter for medical purposes. The data obtained are indicative and serve so that each user can have a global vision of their physical condition.

4. No charge

Please make sure that the charger terminals are touching the metal plates of the bracelet. Also check that the charger's USB cable is properly inserted into a powered USB port. If the problem persists, contact us.

5. The app does not work correctly after the last update

Smartek is not the developer of the app. Our SW-150 bracelet is compatible with the app developed by a third party, because we cannot ensure that all the functionalities of the app work correctly all the time. If you have encountered a problem, please contact us for technical support

6. Enable notifications

You can decide the notifications of which applications you want to receive. By default, notifications are disabled; To activate them, please go to Device> SMS Notification. Here you can activate or deactivate the notifications you want to receive.

Declaration of conformity

SMARTEK

Address: Ronda de Atocha 37, 28012 Madrid

We declare under our exclusive responsibility the conformity of the product SW-150 to which this declaration refers, with the regulations CE RED 2014/53 / EU and RoHS 2015/863/EU of the European Union.

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