

ENGUSH

1 Description



User Manual



Technical characteristics

- CPU: NRF52832 - Bluetooth 4.0 - Screen: 1.22 "240 * 240 pixels - Touch screen - Heart rate monitor - Blood pressure monito - Oxygen meter - Sleep monitor Sports mode - Waterproof: IP67 - Battery: 150mAh Usage time: Up to 15 days in standby mode - App: iOS & Android

.1 Charge the battery

To charge the battery of your SW-280, connect the charger to the clock in such a way that the two terminals make contact with the terminals of the clock (the magnetic adjustment will help you place it in the correct position). Then connect the cable to a free USB connector on your computer or your socket, charging will start automatically



2 App: DaFit

In order to synchronize, save your data and customize the settings of your SW-280, scan the OR code corresponding to your Smartphone. Then download and install the app



öğ.t

After installing the app, activate Bluetooth on your smartphone. Then open the app and click on the SW/R9ET icon. It will automatically sync and the bracelet will take the language of your phone.



2.2 Modes

To change from one mode to another, simply click on the menu icons. Some modes have several submenus: to switch from one to the other just slide your finger across the screen.



2:17 4	.al 🗢 🔳	
05-27, lun Hoy		Records papel
PASOS 2011-05-27 0211	OPASO de Xid 1990	activity, heart r monitored. Sw
🕑 Om 🕜 OKcal	🕚 OMin	see more optic
I SUEÑO	0н57м	
🔵 Suelo potunto 🔘 Suelo Igero	🔿 bespierts	

RITMO CARDIACO

PASOS 2119-09-27 42-16	OPASO de Xel 1990	Records panel: Here your activity, heart rate, rest, etc. is monitored. Swine down to	
🕐 Om 🕜 OKcal	🕚 OWin	see more options	
3 SUEÑO	0н57м		
skalo potanto 🔘 skalo igen	🔿 Despierta		
,	211		
		2:16 4	
RITMO CARDIACO	748PM	уо	
112 02 031 Buere Antrado Aeróbio Ano	NS) rdbica '93, reákime	Perfi	80
	Θ	Otsjetivo	8000 Paras 🙅
	-	Salud	Ø
		Acerca de	0

. . .



Profile pane

3 Modes in SW-280

to access the main menu to right.

the synchronization

💿 May 07 🎟

09:32

9718PH

23450

To enter the different modes on your watch, please follow these steps

- Swipe your finger from right to left (and vice versa) on the main screen

- Swipe from bottom to top to view exercise data, sleep monitor, etc Once inside any menu, scroll right to left (or left to right) to navigate. To enter the function, tap the screen once. To exit a function, swipe from left

The data will be automatically synchronized with the app. If they do not synchronize, slide the screen of your phone from top to bottom to force

TRAINING HR BP SP02	C TRAINING 01:23:54 098 365 2 1 C 3
C SLEEP 07H54M C LOHT C RESTFUL 02H30M 05H24M 2 19 C 5	K SPORTS ★ WALKING ► ★ RUNNING ► ★ CYCLING ► 6







1) Main screen 2) Main menu 3) Motion monitor 4) Pedometer 5) Sleep monitor 6) Sports menu 7) Training 8) Heart rate monitor 9) Blood pressure monitor 10) Blood saturation 11) Message notification 12) Weather



1. I can't sync correctly

Please make sure that there is no other device connected via Bluetooth to your phone. If the Bluetooth search engine shows several devices that could be your SW-280, please pavigate betwee the menu screens of your bracelet until you find the one that identifies the MAC of the bracelet. This is the name that should appear on your phone and identifies a unique SW-280 device. In some phones, the synchronization must be done from the Bluetooth settings of the phone itself and not from the app.

13) Camera shutter

15) Stopwatch

16) Alarm

18) Objective

14) Music playback control

17) Reminder of walking

Doesn't sync data

The SW-280 watch has a "margin of error" system to avoid false measurements. Until you have reached a reasonable amount of data. the bracelet does not allow you to send the information to your phone

3. I think the measurement is not correct

The SW-280 watch incorporates a heart rate monitor, pedometer. blood pressure monitor and other meters that work through software that interprets the data recorded at the time of measurement.

Depending on the physiognomy of each person, these measurements may not be completely exact since the SW-280 bracelet is not a meter for medical purposes. The data obtained are indicative and serve so that each user can have a global vision of her nhysical state

4. The battery does not charge

Please make sure that the charger terminals are touching the metal plates of the bracelet. Also check that the charger's USB cable is properly inserted into a powered USB port. If the problem persists contact us.

5. The app does not work correctly after the last update

Smartek is not the developer of the Dafit app. Our SW-280 watch is compatible with the app developed by a third party, because we cannot ensure that all the functionalities of the app work correctly all the time. If you have encountered a problem, please contact us for technical support

6. Any audio from the phone is played on the watch

Disable bluetooth speaker mode in your phone's sound settings. In iOS, slide your screen from the upper right corner down and click on the Ariplay icon, then select "iPhone". On Android devices, open the sound preferences and click on "listen on this device" (due to the wide variety of existing Android terminals, consult your phone's manual for a more accurate answer.

6. Enable notifications

You can decide the notifications of which applications you want to receive. By default, notifications are disabled: To activate them. please go to the options menu> NOTIFICATIONS> and activate or deactivate the apps you want.

The watch will only show the notifications that were previously activated on your phone: If you have any disabled notification it will not he shown



Declaration of conformity

SMARTEK

Address: Bonda de Atocha 37, 28012 Madrid

We declare under our sole responsibility the conformity of the SW-280 product to which this declaration refers, with the regulations CE RED 2014/53 / EU and RoHS 2015/863 / EU of the European Union

www.smartek.es Technical Service: sac@smartek.es

